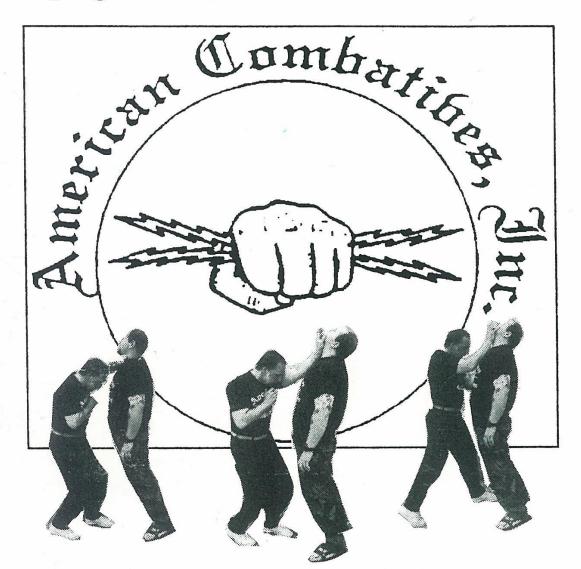
#### AMERICAN COMBATIVES



### **DEVASTATING**Military Self-Defense

by John P. Kary with Thomas J. Nardi, Ph.d

# AMERICAN COMBATIVES DEVASTATING MILITARY SELF-DEFENSE

John P. Kary with Thomas J. Nardi. Ph.D.

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#### **About the Author**

John P. Kary was first introduced to Combative Skills as a part of his training with US Marines. While in the Corps he was sent to Vietnam. The year was 1969. While in Vietnam, Kary's hand to hand fighting skills were put to the test. He fought Viet Cong assassins hand to hand, thus saving the life of a South Vietnamese officer. This act of heroism earned Kary the coveted Vietnamese Cross of Gallantry.

Unfortunately, Kary's military career was ended tragically when a Viet Cong booby

trap exploded. Eight members of Kary's twelve man patrol were killed instantly. Kary escaped death but was left sightless, deaf in one ear, and with severe hip damage.

After a long period of rehabilitation, Kary's strong fighting spirit led him to pursue Combative Skills training in earnest. Although many instructors refused to teach him because of his blindness, Kary persevered. He earned black belts in kempo karate and ju-jitsu. He was, however, far from satisfied. He wanted more realistic, more effective techniques.

Kary eventually found what he was seeking. He met a group of former Marine

close quarter combat (CQC) instructors who, as the Gung Ho Chuan Association, were teaching the original military combat techniques from World War II. Kary was impressed with the simple, direct, and lethal techniques that had already been proven effective in the arena of war. He began studying, researching and mastering all of the CQC techniques of the past, including the work of W. E. Fairbairn, Rex Applegate, John Styers and D. Biddle. Kary's proficiency was such as to earn him the title of Master Instructor by the Gung Ho Chuan Association.